

NEBRASKA GYMNASTICS NEWSLETTER

Volume 1, Issue 1
July 2004

NEW STATE ADMINISTRATIVE COMMITTEE CHAIRMAN (SACC)



Hello to all professional members in Nebraska. My name is

Jody Newman and I am your new SACC. I want to begin by giving you a little background. I am co-owner of Premier Gymnastics in Omaha and coach the optional

levels. I served on the Nebraska State Administrative Committee between 1998 - 2000.

It is my intention to keep all pro-members current with all State, Regional, and National information. As your SACC, I will be open to any questions or comments you may have. Please feel free to contact me either by phone (402-571-6630 (gym), 402-415-

3176 (cell)) or by email: premierymnastics@earthlink.net.

I would like to take this time to thank Terry Houlton for all his time and energy he spent as SACC. Terry has taken a position with the Millard School District, and we all want to wish him the best of luck!

Inside this issue:

Nebraska Calendar	2
Olympic Team Support	3
E-mail & The Internet	3
Committee Positions	3
Nomination Forms	4

SAFETY CERTIFICATION & STATE MEETING

Solid Rock Gymnastics will be host to both the annual State Meeting and a Safety Certification course August 8th.

The Safety Certification course will begin at 1:00 pm and finish by 5:00 pm. You may register online www.usa-gymnastics.org or the back of the 'Technique' publication has registration forms.

When you register please use *DC08082004NE* as the course code. Registration is free for those professional members who are recertifying. Pro-members with expired or new safety certification and Instructor members pay a fee of \$65. For non-members or associate members the fee is \$115. You must register by July 23 or you will

have to pay a late fee.

The State Meeting will begin at 5:00 pm. Again this will be held at Solid Rock Gymnastics in Lincoln. The address and phone number is:

610 Hill St.
Lincoln, NE 68502
402-476-4774

Call Danelle Catlett at the above number for maps.

Special points of interest:

- State Meeting August 8th at Solid Rock
- Safety Certification August 8th at Solid Rock
- Send in Nominations for State Administrative Committee.
- Thank you Solid Rock for the use of your facility!
- Congratulations to Jeanelle Molene who is our new Judging Director!

NEBRASKA CALENDAR 2004-2005 SEASON

July		January	
16-18	Regional Training Camp – Kansas City, MO	1-2	
August		8-9	
7-8	<ul style="list-style-type: none"> • Safety Certification (Sunday @ Solid Rock, 1-5 pm) • State Meeting (Sunday @ Solid Rock 5pm) 	15-16	
14-15	Region IV Congress (St. Louis, MO)	22-23	Sokol Invite (Levels 5-10)
21-22		29-30	Premier Invite (Levels 4-10)
28-29		February	
September		5-6	
4-5		12-13	
11-12		19-20	
18-19	Regional Training Camp – Iowa City, IA	26-27	
25-26		March	
October		5-6	Golden Invite (Levels 5-10)
2-3		12-13	
9-10	Twisters Invite (Compulsory Levels)	19-20	
16-17	<ul style="list-style-type: none"> • High Performance Camp – St. Louis, MO • Teddy Bear Invite (Compulsory Levels) 	26-27	
23-24	Capitol City Classic (Compulsory Levels)	April	
30-31		2-3	
November		9-10	
6-7	Dynamite Cup (Compulsory Levels)	16-17	Regionals (Levels 8-10)
13-14	Gym Trek (Compulsory Levels)	23-24	
20-21	Mini-Gold (Compulsory Levels)	30-1	
27-28		May	
December		7-8	Level 9 Westerns (St. Louis, MO)
4-5	Solid Rock & Roll Invite (Compulsory Levels)	14-15	Level 10 Nationals (California)
11-12	Compulsory State Meet (Level 4-6)	21-22	
18-19		28-29	
25-26		June	
December		4-5	
11-12	Compulsory State Meet (Level 4-6)	11-12	
18-19		18-19	
25-26		25-26	

SUPPORT OUR OLYMPIC TEAM

July 18th on NBC our Olympic Team will be announced. There will be a live cut in from the Track & Field's Olympic Trials.

Once chosen, the six member Olympic Team plus two alternates will travel to Karoli's Ranch to train. They will be there between July 30th - Aug. 4th.

It has been a long road for these girls and it would be nice to show our support. In years past Olympic team members have received letters

and cards expressing appreciation. It would be great to do the same this year.



Take this information to your membership and make a big push to support our United States Olympic Team. Let us show them why they call it the 'HEARTLAND'

Please send all letters and cards, by July 31st, to:

Olympic Committee
c/o Women's Gymnastics Team
454 Forrest Service Rd.
Huntsville, TX 77340

E-MAIL ADDRESS NEEDED

In today's world where time is in limited demand, technology proves to be invaluable. Many people are jumping on the e-mail bandwagon. For reasons such as time and cost; I will, as your state chairman, try utilizing e-mail and the internet as much as possible. In order to do this effectively, I will need to get current e-mail addresses from all professional members. Please drop me an e-mail with your current e-



mail address. Also, if you know people who are not pro-members who would like to be on this mailing list,

please have them e-mail me their address as well. My e-mail address is: premiergymnastics@earthlink.net.

In addition to using e-mail, we will try to utilize the internet with addi-

tional information. Region IV is looking into updating the website to be able to include state pages as well. When this is available, I will send out a broadcast e-mail to inform everyone.

Please note, I use Microsoft Word and Publisher. If you ever have trouble opening up a document, please let me know and I will try to help you resolve it.

3 STATE ADMINISTRATIVE COMMITTEE MEMBERS' TERMS ARE ENDING

It is that time of year again when the State Administrative Committee must hold its annual elections for committee members. This year the committee has 3 people whose terms are ending: Carol Balarud, Catherine Cahoy, and Danelle Catlett. Their time and dedication has been greatly appreciated.

We are soliciting nominations for the 3 committee positions available. You will find a nomination form at the end of this newsletter. The form will have a place for your

nominee to either accept or decline the nomination. Please make sure this portion is filled out. You may also email any nominations to the following address: premiergymnastics@earthlink.net. If you do decide to email, please put 'State Committee Nomination' in the subject line.

All nominees must meet the following criteria: professional member of the Women's Program in good standing, minimum of 21 years of age, and active in Nebraska gym-

nastics. The following are responsibilities of committee members: support the USA Gymnastics program and its rules and policies, must represent their area and/or level, must support and consider the total State program, shall carry out the specific duties of their positions as determined by the state, and expected to attend all state committee and general membership meetings.

Nominations are due by July 31, 2004.

**NEBRASKA STATE ADMINISTRATIVE
COMMITTEE**

10702 Browne St.
Omaha, NE 68134

Phone: 402-561-0988
Fax: 402-571-9522
Email: premierymnastics@earthlink.net



*NEBRASKA
GYMNASTICS*

Interested in bidding
for the Compulsory State Meet?
Bids must be sent to Jody Newman and be
postmarked or e-mailed by
July 31, 2004

STATE COMMITTEE NOMINATIONS

Please Fill out this nomination form and return by e-mail or postmarked by August 1, 2004

Send to: Jody Newman @ 10702 Browne Street, Omaha, NE 68134

or

e-mail to: premierymnastics@earthlink.net

Nominee's Name: _____

Nominee's Address : _____

Nominee's Phone #: _____

Nominee's e-mail: _____

Has this person accepted their nomination? YES NO

Please inform your nominee to write a brief bio and have them send it to one of the above addresses.